



HORSE CONNECTIONS

EQUINE-ASSISTED LEARNING (EAL) SESSIONS

making CONNECTIONS



building TRUST



gaining CONFIDENCE

The positive effects of relating with horses are measurable and increase our sense of well-being. TROtt's EAL sessions allow you to build relationships of trust with a horse, learning to interact with them while also practicing essential life skills like communication, patience, leadership and teamwork.

There is no horse riding in these sessions.

Available for all ages. No horse experience required.

For more info & to book your session, contact Anna:

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